Limerick A.C Non-Standard Training Session Policy

Limerick A.C has a set of standard training sessions that are published to the membership and are facilitated and supported by our club coaches. These sessions are publicised through the club media and communication portals. These standard club sessions are covered by the insurance cover provided by the AAI through the membership's subscription fee. It is important that these sessions remain the core club training sessions for its membership.

It is acknowledged by the club that at times it may make sense to organise training sessions outside of these standard club sessions. This club policy provides steps that must be followed when scheduling nonstandard sessions. This is to ensure that Club members are not put in harm's way and that members are covered by our AAI insurance.

The insurance guidance (August 2022) provided to the Club by the AAI insurers is that any nonstandard training should be approved by the committee in advance of any training. The committee should be informed of the location of training and assured that all the required rules around safety and child protection (if relevant) are followed.

Based on the guidance provided to the Club, the following process must be followed when scheduling a nonstandard club training session.

1. Notification must be sent to the club secretary at least 7 days in advance of the proposed training session.
2. The committee will review the request and provide feedback to the applicant as soon as practical. Every attempt will be made by the committee to make a speedy decision.
3. The notification to the committee must contain the following detail of the proposed training session(s),
    1. Location of training session.
    2. Date and time of training session.
    3. Who is going to be invited to the training.
    4. What coaches and adults will be present?
    5. What is the cost (if any) to the club?
    6. Is it a once off session or a series of sessions over a period of time?
4. Once a decision is made by the committee to allow or dis-allow the session, the decision must be adhered to by all members

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