Limerick Athletic Club Code of Conduct for Children and Young Athletes

Purpose

The purpose of this document is to outline Limerick AC's code of conduct for children and young athletes.

Document Control

Version Number	Date	Changes
1.0	December 2024	Creation of document
1.0	18th November 2026	Bi-annual review by committee, no changes

Limerick AC Code of Conduct for Children and Young Athletes

Sport should be safe, fun and conducted in the spirit of fair play. As a young person you are entitled to the best possible environment to participate in sport. You deserve to be given enjoyable, safe sporting opportunities, free from abuse of any kind. You have rights, which must be respected, and responsibilities that you must accept. You should always treat other athletes and team leaders with fairness and respect.

You are entitled to:

- Be safe and to feel safe
- Be listened to
- Be believed
- Be treated with dignity, sensitivity, and respect
- Have your voice heard in your sport
- Participate on an equal and non-discriminatory basis
- Have fun and enjoy your sport
- Experience competition at a level at which you are happy
- Make complaints and have them dealt with
- Get help against those who bully
- Say No
- To protect your body
- Privacy and confidentiality

You should always:

- Treat all group or team members and your Sports Leaders with respect

- Act fairly and responsibly at all times, do your best
- Respect other group or team members
- Respect opponents and be gracious in defeat
- Abide by the rules as set out by the group or team you are with
- Support and assist where appropriate with the running of your group

You should never:

- Cheat or seek to gain an unfair advantage
- Intimidate, use violence or physical contact that is not welcome
- Shout at or argue with another person unreasonably
- Cause harm to or damage property
- Bully or threaten another person online or offline
- Take banned substances or consume alcohol or recreational drugs
- Spread or circulate rumours online or offline about another person
- Tell lies